

ENDOBRONCHIAL ULTRASOUND (EBUS) TRAINING PROGRAMME

CURRICULUM

This competency-based curriculum has been designed by a task force of interventional pulmonology specialists to underline the learning outcomes for medical doctors wishing to become competent in preforming endobronchial ultrasound (EBUS). The curriculum forms the foundation of the ERS EBUS training programme that has a recommended duration of 18 months.

Target audience:

Qualified medical doctors with previous experience in:

- Performing regular bronchoscopies
- TNM classification of lung cancer •
- Staging of patients oncology and other conditions

The following curriculum outlines the core areas for development including the;

- 1. **Syllabus** stating the content required for training
- 2. Learning outcomes (knowledge, skills and attitudes) required for each syllabus item. These will guide the trainee and trainer to achieve competencies.

Although not represented in the curriculum matrix the following core areas will be introduced at a high level and will be discussed in more detailed in further publications.

- 3. Teaching and learning activities the programme prescribes a teaching method appropriate to the learning outcome. This may include informal and/or formal learning opportunities suitable for post graduate/post specialty learning environments.
- Level of assessment and assessment methods based on Miller's model of clinical competence, and 4. includes methods which are applicable across all training centre networks irrespective of geographical location. Assessments are linked to the learning outcomes and the level of assessment required
- 5. Faculty development activities outlines the professional activities that key teaching faculty need to develop to ensure the high level and standardisation of training.

Teaching and learning activities

This curriculum has been designed as a complete post-graduate training programme in EBUS. Following completion of this training programme, the participant should be able to:

- Independently assess patient history and results ٠
- Identify indications and contraindications •
- Perform independent procedures
- Interpret results and draw conclusions

The teaching and learning activities have been separated into 3 parts.

Part 1 requires participants to follow online self-directed modules comprised of webcasts, self-assessment quizzes, and interactive maps. Next participants attend a physical course where the content is revised, EBUS equipment introduced and a demonstration of live procedures is performed.

Part 2 comprises of intensive simulation based training and active clinical observation.

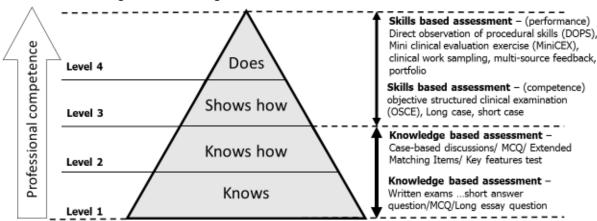
Part 3 sees participants starting to perform procedures in a supervised environment, participants will be asked to document procedures in an online portfolio.

Level of assessment and assessment methods

During the design of this curriculum, task force members considered appropriate assessment methods using Miller's model of clinical competence (below). Selection of appropriate assessment methods fit for purpose are essential to the validity of assessments and to predict whether a trainee is competent to practice.

The ERS EBUS training programme is developed to guide the trainer through the levels of professional competence with:

- Part 1 assessing level 1-2 "knows" and "knows how" •
- Part 2 assessing level 2-3 "knows how" and "shows how" •
- Part 3 assessing level 4 covering "does".



Adapted figure from Miller's model of clinical competence [1], and organisation of assessment methods taken from Zubair [2]

Faculty development activities

To implement this curriculum and subsequent training programme faculty members are required to implement a number of teaching, learning and assessment methods. To ensure that the faculty are prepared the following development activities are recommended.

- How to assess a video procedure •
- How to assess a portfolio
- How, when, where to give constructive feedback
- How to set a pass/fail limit
- Different methods of assessment
- How to assess a simulated procedure

Note: This document is a supplement document to the published *Breathe* article explaining the process and methodology of the curriculum development.

- How to mentor a learner
- Giving feedback
- How to assess a practical skills method
- How to write good questions •
- How to teach on a simulator

_					
	N°	Syllabus item	Knowledge	Skills	Attitudes
			This section includes all information and facts a learner should	This section includes psychomotor-physical skills involving	This section includes a
			be familiar with to allow them to perform EBUS.	coordination of brain and muscular activity.	should possess in orde
					EBUS. Where applicab
					using the CanMEDS 20

		PI	RE-PROCEDURE	
1	Lymph node map	According to the latest version of the IASLC lymph node map:		Maintain and enhance profes
		• List the name of the lymph node stations 1-14		learning SCHOLAR
		Describe the anatomical borders of the lymph nodes 1-14]	
		• Classify lymph node stations N1, N2 and N3 nodes according		
		to tumour locations (right and left side)	4	
		 Identify the mediastinal and hilar lymph node stations 		
2	Mapping in the airways	According to the latest version of the IASLC lymph node map:		Maintain and enhance profes
		• List the anatomical landmarks found in the airways <i>e.g. main carina, segmental bronchi</i>		learning SCHOLAR
		• Describe usual EBUS-TBNA sites for each nodal stations <i>e.g.</i>		
		subcarinal nodes; medial side of right or left main stem		
		bronchus Describe the location of the anatomical landmarks in the	4	
		• Describe the location of the anatomical landmarks in the airways		
		Identify the anatomical landmarks found in the airways		
		during bronchoscopy		
3	Computed tomography (CT) and and/or Positron Emission tomography – computed	 Study and understand (PET)-CT images 	Read and interpret (PET)-CT	Demonstrate a commitment to knowledge is kept up to date P
	tomography (PET-CT)	• Identify the mediastinal and hilar lymph nodes using (PET)- CT scans - according to the definitions by IASLC.	• Design a diagnostic plan using interpretations from (PET)-CT	Participate effectively and ap health care team to obtain info COLLABORATOR
		Distinguish lymph nodes from other structures	Present a diagnostic plan to a MDT	• Establish and maintain clinica appropriate to performing EBU
		• Describe how to measure lymph node size on (PET)-CT images.		
		• Describe characteristics of each lymph nodes <i>e.g. necrotic,</i> conglomerated, extra nodal invasion, infiltrative.		
		• Check pulmonary parenchymal lesions that can be sampled by EBUS-TBNA or EUS-B-FNA.		
		• Check for pathological findings below the diaphragm including the left adrenal gland		
		• Interpret and compile relevant information found in scans into a patient plan		
		Relate the relevant information to the clinical setting		
4	Indication assessment	According to current international guidelines:	 Report all relevant information from the indication assessment in a clear and logical manner to ensure all colleagues can easily access the information 	Recognise when to involve ot assessment COLLABORATOR
		• Describe the accepted indications to perform EBUS <i>e.g.</i> diagnosing and staging of lung cancer, sarcoidosis, TB and analysis of mediastinal and hilar lymphadenopathy	Perform a clinical assessment of a patient	• Recognise own abilities and w consultation from other health limits of their expertise MEDIC
		• Describe the contraindications for an EBUS procedure		Demonstrate respect for patient ethical practice

es attitudes and behaviours s the participant rder to improve patient care and perform cable the corresponding roles are specified 2015 framework.

ance professional activities through ongoing
ance professional activities through ongoing
mmitment to patient care by ensuring that all p to date PROFESSIONAL/SCHOLAR
vely and appropriately in an interprofessional obtain information for diagnostic purposes
ntain clinical knowledge, skills and attitudes orming EBUS MEDICAL EXPERT
o involve other professionals in the patient

ilities and when to seek appropriate ther health professionals, recognising the tise **MEDICAL EXPERT**

ect for patient taking into consideration

_						
	N°	Syllabus item	Knowledge	Skills	Attitudes	
			This section includes all information and facts a learner should	This section includes psychomotor-physical skills involving	This section includes at	
			be familiar with to allow them to perform EBUS.	coordination of brain and muscular activity.	should possess in order	
					EBUS. Where applicable	
					using the CanMEDS 201	

		• Critically evaluate clinical and radiological information to ensure that a patient in need of EBUS is correctly referred for the procedure <i>e.g.</i> assess the impact of performing EBUS to the patient		• Explain to the patient clinical assessment CO
		• Explain the benefits of using of a combined EBUS and EUS-B procedure		
5	Planning of the procedure	According to local protocols:	Design a procedure plan according to local protocols	Communicate effection indications and contract
		• List the relevant information which should be included in the procedure plan <i>e.g.</i> safety concerns based on history, relevant comorbidities, medication, signed written consent, relevant lab results, sedation, procedure, side and site, informed consent,	• Present all relevant information in a clear and logical manner to the patient and colleagues	• Describe the indication related risks in a mann COMMUNICATOR
		medical records, medications, allergies, sedation preparation list.		• Collaborate with coll assist at the procedure
		• Based on (PET)-CT, clinical information and the indication assessment identify the need for additional diagnostic procedures <i>e.g. conventional bronchoscopy</i> and identify the order in which the procedures should be undertaken		
6	Preparation of the patient	According to local protocols and/or national guidelines:	• Present all relevant information in a clear and logical manner to ensure all colleagues can easily access the information	Communicate using a encourages patient true
		• Evaluate that all relevant information is reviewed before the patient is deemed healthy and suitable to undergo the EBUS procedure <i>e.g. fasting patient/nil by mouth</i>	 Inform and discuss with the patient the EBUS procedure 	• Respond to individua patient care HEALTH A
			• Review patient images and consider lab findings to enable full interpretation of patient case prior to procedure	
			Check informed consent form has been provided	
			PROCEDURE	
7	Sedation and monitoring	According to local protocol and/or national guidelines patient classification status:	• Monitor (physically read) the patient's level of oxygen saturation, heart rate and blood pressure	• Demonstrate profess education by remainin the field PROFESSION
		 Classify patients using the ASA classification and identify high risk patients 	• Ensure that the patient's intravenous access for administration of sedation is clear throughout the duration of the procedure	• Determine in your te and collaborate harmo
		• List the required equipment for sedating the patient during the EBUS procedure	Adjust the level of sedation according to ASA classification	
		• Explain different types of sedation <i>e.g. NAPS, moderate sedation, and general anaesthesia</i>	• Administer sedative and monitor that the correct level of sedation is maintained during the procedure	
		• Explain the different anaesthesia agents including dosage and reversal	• Respond appropriately to complications that may occur due to the sedation, in order to ensure a high level of patient care	
		• Recognise sedation-related adverse events <i>e.g. over-dosage</i>	• Document all monitoring data <i>e.g. record heart rate, blood pressure and oxygen saturation throughout the procedure</i>	
		• Indicate the management protocol related to common sedation events	Ensure patient safety throughout the procedure	
1		Evaluate sedation information to ensure adequate		

This section includes attitudes and behaviours s the participant should possess in order to improve patient care and perform EBUS. Where applicable the corresponding roles are specified using the CanMEDS 2015 framework.

ent the most appropriate plan based on the COMMUNICATOR

ctively with the patient regarding the raindications

ation, the procedure, and the procedurenner that is understandable to the patient.

olleagues who are required to prepare and to re COLLABORATOR

g a patient-centred approach that rust and autonomy **COMMUNICATOR**

ual patient health needs and issues as part of ADVOCATE

essional commitment to continuous medical ing up to date with current developments in NAL/SCHOLAR

team who is responsible for which activity noniously **COLLABORATOR**

-						
	N°	Syllabus item	Knowledge	Skills	Attitudes	
			This section includes all information and facts a learner should	This section includes psychomotor-physical skills involving	This section includes a	
			be familiar with to allow them to perform EBUS.	coordination of brain and muscular activity.	should possess in orde	
					EBUS. Where applicab	

N°	Syllabus item	Knowledge This section includes all information and facts a learner should be familiar with to allow them to perform EBUS.	Skills This section includes psychomotor-physical skills involving coordination of brain and muscular activity.	Attitudes This section includes attitudes and behaviours s the participant should possess in order to improve patient care and perform EBUS. Where applicable the corresponding roles are specified using the CanMEDS 2015 framework.
8	Interpretation of endoscopic ultrasound	• Explain the key principles, features and artefacts of basic ultrasound	• Operate the scope to identify the anatomy and the anatomical landmarks in a systematic order according to local protocols.	• Demonstrate professional commitment to continuous medical education by remaining up to date with current developments in
		Identify the typical ultrasonic appearance of key anatomical structures		the field PROFESSIONAL/SCHOLAR
		• Identify the normal anatomical appearance based on the endoscopic view <i>e.g. pattern recognition</i>		
		• Detect common pathologies <i>e.g. for tumours and enlarged lymph nodes</i>		
		 Describe typical echo features of malignant and benign lymph nodes 		
9	Scope and processor handling	• Describe the EBUS scope and processor including use of the EBUS balloon	• Operate the scope in a competent manner focussing on safety for the patient and the equipment	• Demonstrate professionalism when operating the scope in order to avoid damage to equipment PROFESSIONAL
		• Describe how to position the scope to gain the best viewing angle	• Demonstrate competent handling of the EBUS balloon <i>e.g.</i> attaching the balloon to the scope and inflation	
		• Explain the significance of how to adjust gain and depth	• Demonstrate functionality of processor and bronchoscope buttons	
		• Describe how to enable the Doppler and explain why enabling the Doppler is required	 Adjust gain and depth of images to optimise images 	
		 Describe how to take images and videos and perform accurate measurements 	Enable the Doppler when required	
			Capture and save images and videos	
10		. Units a support is a support of starting the support of the data of the support	Measure key lymph nodes and other important findings	
10	Systematic approach to landmark investigation	• Using a systematic approach describe how to find the 6 EBUS landmarks (station 4L, station 7, station 10L, station 10R, azygos, station 4R)	• Operate the EBUS scope to perform a thorough and systematic investigation of the 6 EBUS landmarks demonstrating knowledge of the anatomical landmarks	• Demonstrate professional commitment to consistently using a systematic approach to ensure accurate staging of the patient PROFESSIONAL
		 Using a systematic approach describe how to find the 6 EUS- B landmarks (liver, abdominal aorta, left adrenal gland, station 7, station 4L, station 4R) Explain the importance of working in a systematic manner 		• Demonstrate responsibility towards the patients' health by providing the best level of care
		 List the key benefits of working in a systematic manner when performing lymph node investigation 		
11	EBUS	• Describe how to introduce the EBUS scope through the mouth, laryngeal mask, endotracheal tube, and tracheotomy.	• Pass the EBUS scope through the vocal cords	• Engage in continuous enhancement professional activities through ongoing learning SCHOLAR
		• Describe the adequate hand and wrist motions for navigating the scope.	 Apply the correct hand motions/position for assessment of each lymph node station and anatomical land mark in a systematic manner 	 Strive to regularly undertake EBUS procedures to maintain knowledge and skills SCHOLAR
		• Explain how to navigate the EBUS scope to examine the 6 anatomical landmarks in a systematic manner	 Inflate the EBUS balloon to visual lymph node stations 	• Work in a collaborative manner with the MDT COLLABORATOR
			Use a balloon in order to improve bronchial wall contact	Recognise the limitations of a particular procedure
			Measure key lymph nodes prior to sampling	• Act in a manner that is respectful and in the best interest of the patient PROFESSIONAL
			 Based on findings determine a sample order 	
			 Recognise when patient safety is in jeopardy 	

_					
1	۷°	Syllabus item	Knowledge	Skills	Attitudes
			This section includes all information and facts a learner should	This section includes psychomotor-physical skills involving	This section includes a
			be familiar with to allow them to perform EBUS.	coordination of brain and muscular activity.	should possess in orde
					EBUS. Where applicab
					using the CanMEDS 20

			Descention difficult introduction and table and water and	
			Recognise difficult intubation and take appropriate action	
12	EUS-B	• Describe how to introduce the EBUS scope into the oesophagus.		
		• Describe the adequate hand and wrist motions for navigating the scope.		
		• Explain how to navigate the EBUS scope to examine the lymph node locations in an systematic manner		
13	Needle handling and tissue sampling	• Explain which nodes to sample, and in which order according to the endoscopy plan and ultrasound findings	• Decide which size and type of needle to use for the indication	• Demonstrate profess education by remaining equipment used.
		• Explain the systematic approach to taking samples for the staging of lung cancer	Prepare and connect the needle to the scope	• Demonstrate respon regards to both patien PROFESSIONAL
		• Discuss the different type of needles recommended for EBUS and EUS-B procedures <i>e.g. type and size</i>	Position the sheath	
		• Explain the different steps in sampling	• Manipulate the stylet (depending on the needle type and procedure)	• Keep up to date with handling SCHOLAR
		• Discuss the minimal number of times a lesion should be sampled.	• Position the needle in the target lesion in real time ultrasound control	Integrate feedback fr current procedure COL
			Remove the stylet	
			Apply suction (when required)	
			Operate the needle up and down in the lesion	
			Stop suction	
			 Retract the needle fully in the sheath 	
			Retract the sheath	
			• Disconnect the sheath and the needle from the endoscope	
			• Evaluate the quality of the microscopic sample and adapt the acquisition technique if required	
			Adapt technique based on feedback from the team	
14	Specimen handling	According to local protocols:	According to local protocols:	• Recognise the import collaboration with the
		• Describe how to handle specimens for cytology and histology e.g. smear or cell block, microbiology	 Place the sample on the glass slide and or 	• Demonstrate a common the quality of samp future samples PROFE
		• Describe how to acquire and prepare different types of specimens <i>e.g. cell block for molecular analysis</i>	 Put it in a tube suitable for cell block preparation and or microbiology 	
		Explain the value of ROSE		

es attitudes and behaviours s the participant order to improve patient care and perform cable the corresponding roles are specified 5 2015 framework.

ssional commitment to continuous medical
ng up to date with current knowledge of the

onsibility towards safety in needle handling in ents, investigation team and equipment.

vith best practice in tissue acquisition and

k from the team into the performance of the COLLABORATOR

portance of correct specimen handling and he pathologist and the microbiologist.

mmitment to excellence; continuously reflect mples and how to improve the quality of **FESSIONAL**

N°	Syllabus item	Knowledge	Skills	Attitudes
		This section includes all information and facts a learner should be familiar with to allow them to perform EBUS.	This section includes psychomotor-physical skills involving coordination of brain and muscular activity.	This section includes a should possess in orde EBUS. Where applicabl using the CanMEDS 20
15	Complications	• List typical complications which can occur during the EBUS and EUS-B procedures <i>e.g. scope damage, mediastinitis, and sedation complications</i>	• Identify any arising and manage complication related to the EBUS procedure such as equipment failure, patient distress/deterioration.	Demonstrate a comm improvement PROFESS
			Identify when equipment fails	Recognise problems/ order to anticipate pot
			Ensure patient safety	
	•	PO	ST-PROCEDURE	
16	Reporting	• According to local protocols list key information which should be recorded for each procedure <i>e.g.</i> which lymph nodes punctured, the number of times that they have been punctured, and where the samples have been sent.	• Present all necessary information from the procedure in an easily accessible format for all professionals involved	 Adhere to good report fashion. Acknowledge the imp interprofessional collab
				overs.
				• Demonstrate safe har written communication stage of care COLLABO
				• Describe clearly and i including adverse even
				 Formulate advice and understand and follow colleagues, other depart Continuously use dat
				Dedication to honest feedback and possible
				Strive to keep improv
				Recognise own abiliti consultation from othe limits of their expertise
				Recognise practice un
				Based on the monito other professionals to i COLLABORATOR
17	Monitoring of results	In relation to the patient:	• Present all necessary information from the procedure in an easily accessible format for all professionals involved	• Practice professional the procedure are tran
		• Interpret the quality and outcomes of procedures, based on the pathological and microbiological results	• Ensure that results that are provided to the MDT and further management of the patient is discussed	Continuously use dat
		 Interpret results and therapeutic indications and discuss in MDT setting 	• Ensure that results are correctly recorded following the procedure	• Dedication to honest feedback and possible
		In relation to the level of care delivered overall by the institution:	• Evaluate the results in order to improve future patient care and improve	Strive to keep improv
		Monitor false negative results/rate in lung cancer staging setting	Present all necessary information in a relevant format	Recognise own abiliti consultation from othe limits of their expertise

attitudes and behaviours s the participant der to improve patient care and perform able the corresponding roles are specified 2015 framework.

nmitment to patient safety and quality SSIONAL

ns/limitations within the current situation in otential limitations.

porting practice in an honest and timely

mportance of clear communication for safe laboration and interdepartmental hand-

handover of care, using both verbal and ion, during a patient transition to a different **BORATOR/COMMUNICATOR**

d in an accessible manner each procedure ents and complications.

nd directions in a fashion that is easy to w by the collaborators *e.g. nurses,* partments **COMMUNICATOR**

ata for self-reflection.

est and open sharing of results for external le improvement.

oving and avoid arrested development.

lities and when to seek appropriate her health professionals, recognising the ise **MEDICAL EXPERT**

uncertainty and knowledge gaps SCHOLAR

toring of results recognise when to involve o improve future patient care

al commitment to ensure that results from ansferred to the MDT

ata for self-reflection.

est and open sharing of results for external le improvement.

oving and avoid arrested development.

lities and when to seek appropriate her health professionals, recognising the ise **MEDICAL EXPERT**

N°	Syllabus item	Knowledge	Skills	Attitudes
		This section includes all information and facts a learner should		This section includes at
		be familiar with to allow them to perform EBUS.	coordination of brain and muscular activity.	should possess in order
				EBUS. Where applicable
				using the CanMEDS 201
		 Monitor and record and evaluate complications 	• Evaluate findings in order to improve future patient care and	Recognise practice un
			improve	
				Based on the monitor
				other professionals to i
				COLLABORATOR

References:

- 1. Miller GE. The assessment of clinical skills/competence/performance. Acad Med 1990; **65**: 63–67.
- 2. Zubair A, Seng CY, Eng KU. Practical Guide to Medical Student Assessment. Singapore, World Scientific Publishing, 2006.

attitudes and behaviours s the participant der to improve patient care and perform able the corresponding roles are specified 2015 framework.

uncertainty and knowledge gaps SCHOLAR

toring of results recognise when to involve to improve future patient care